

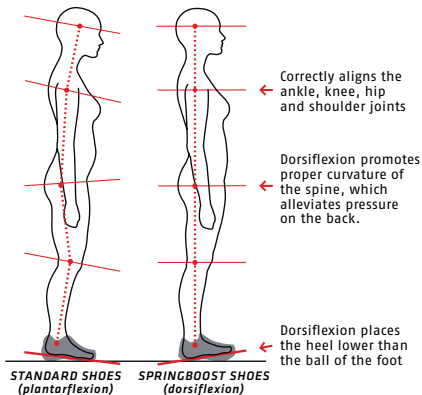
## NORDIC WALKING

### TURN WALKING INTO WELLNESS!

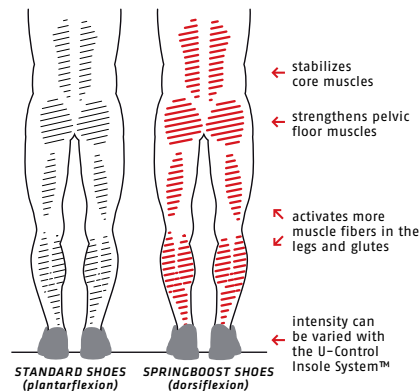
Founded at the renowned Federal Institute of Technology in Lausanne, Switzerland, SpringBoost's exclusive "dorsiflexion" design positions your heel lower than the ball of your foot, allowing your body to return to its natural biomechanical alignment while toning your muscles with every step. The result is a low-impact workout that will help you feel better all over.

- > MAXIMIZES EVERYDAY ACTIVITIES BY TONING, STRENGTHENING AND LENGTHENING CORE AND LEG MUSCLES
- > IMPROVES BODY ALIGNMENT
- > ALLEVIATES PRESSURE ON YOUR JOINTS AND LOWER BACK
- > ENHANCES BLOOD CIRCULATION IN THE LEGS
- > IMPROVES ANKLE STABILITY AND RANGE OF MOTION

#### ALIGN YOUR BODY



#### STRENGTHEN YOUR MUSCLES



Founded at the renowned Federal Institute of Technology in Lausanne, Switzerland, SpringBoost is revolutionizing footwear with its use of dorsiflexion, which positions the heel lower than the ball of the foot. SpringBoost creates training and fitness solutions that maximize workouts and daily activities for people of all athletic, fitness and wellness levels.



U-CONTROL INSOLE SYSTEM™

**2 INTERCHANGEABLE INSOLES TO VARY THE INTENSITY OF YOUR EVERYDAY ACTIVITIES!**

With your pair of SpringBoost you receive 2 pairs of interchangeable insoles – the U-Control Insole System™ – so that you can gradually get used to dorsiflexion.

- DORSI 0:** Get started. Wear this insole the first couple of weeks.
- DORSI 2:** Add intensity to your walking activities.

Free product and technology training on [www.3point5.com](http://www.3point5.com)



A last is the foot mold around which the shoe is built. SpringBoost's lasts are created in dorsiflexion to improve the ankle, foot and body position, optimizing the physiological requirements of each sport or activity. All performance and health benefits start as a result of improved foot positioning in the shoe.



**SpringBoost USA Ltd.**  
135 Beaver St, Suite 305  
Waltham, MA 02452  
USA

Phone: +1-781-894 0009  
Fax: +1-781-894 0399  
Mail: [usainfo@springboost.com](mailto:usainfo@springboost.com)

**SPRINGBOOST NORDIC STRIDE MEN'S**



outsole

color > rust / black  
widths > medium / wide  
SKU > FBN2M888  
Availability > 01 / 15 / 09

**SPRINGBOOST NORDIC STRIDE WOMEN'S**



outsole

color > tan / black  
widths > medium / wide  
SKU > FBN2W887  
Availability > 01 / 15 / 09



color > dark gray / black  
widths > medium / wide  
SKU > FBN2M877  
Availability > 01 / 15 / 09



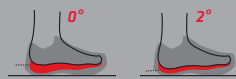
color > tan / black  
widths > medium / wide  
SKU > FBN2M887  
Availability > 01 / 15 / 09



color > gray / black  
widths > medium / wide  
SKU > FBN2W842  
Availability > 01 / 15 / 09

**SPRINGBOOST NORDIC STRIDE PRODUCT FEATURES**

- > DORSI technology™ places the heel lower than the ball of the foot
- > U-Control Insole System™ with DORSI 0 & DORSI 2 insoles
- > Full forefoot Energy Plate™ for increased range of motion and better use of energy
- > Premium waterproof full grain leather upper
- > 360° waterproof, breathable membrane construction
- > High-abrasion resistance toe / heel cap
- > Proprietary rubber outsole formula that grips in all weather conditions
- > Rugged, self cleaning outsole cleats for optimal grip and traction for walking activities
- > Molded TPU shank for control and stability
- > Quick pull lacing system
- > Ultra-light and multi-density molded EVA midsole
- > Antimicrobial linings



**SIZES**

men's > 8-12, 13  
women's > 6-11

Suggested retail price: \$ 180